

SNIPS AND SNAPS NEWLETTER

Summer 2023

CORNA 2023 LANA HERD MEMORIAL AWARD

Congratulations to Lisa Fischer, the 2023 Winner of the Lana Herd Memorial Award for Excellence in Perioperative Nursing.

Lisa started in the OR as an RDC nursing student in 2004 under the preceptorship of none other than Lana herself! Lisa became a fantastic OR Nurse: well-rounded, hardworking, and dedicated.

Lisa has completed her CNCP, is an active member of CORNA, and even completed the RN First Assist program in 2009. She has traveled extensively to courses and learning opportunities.

In October 2010, Lisa took over as Specialty Nurse in Total Joint Arthroplasty at the Red Deer Regional Hospital Center and has continued to lead this team for many years. She is respected by the Orthopedic Surgeons in her service, always going above and beyond. Sometimes even scrubbing the entire day, and often staying late to finish her room. She has trained an abundance of nurses TJA, and as her team is ever changing, so Lisa is always teaching.

She leads with patience, grace, and kindness the same way she was taught by Lana.

Lisa was peer-nominated for this Award, which also carries a monetary prize of \$500 from Mitch Herd, Lana's Son, and is provided by CORNA.





SUCCESSFUL SPRING WORKSHOP FOR CORNA

All-Day Spring Workshop on Saturday May 6, 2023

There were 42 people in attendance at the Red Deer Regional Hospital for a fun-filled day of Education, interactive Sessions, Networking and Wellness.

Participants attended sessions including:

- Sepsis in the OR By Dr. Vashti Maragh (Anaesthesia)
- Urology and Immunology by Dr. Reikie (Urologist)
- The Lab and a Specimen's Journey by Dr. Abbott (Pathologist)
- ORNAC/ORNAA/CORNA Presentation by Jill Clark (CORNA President)
- Interactive Saw BONE Workshop by Liam McLeod (Synthes)/Geoff Liska (Stryker)/Matt Olsen (Zimmer)/Janelle Smithson (Arthrex)
- Zumba Wellness Session by Maria Siegrist





2023 ORNAC NATIONAL CONFERENCE

Almost 300 delegates from across the country attended the in-person ORNAC National Conference in Quebec City from April 26 – 30. The excitement of being back together in person was palpable.

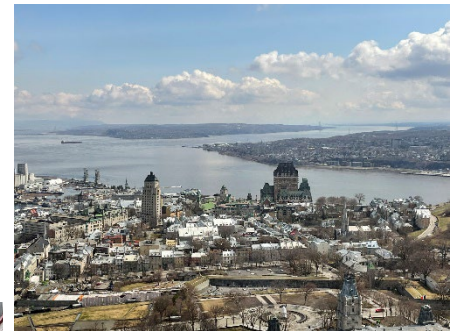
The opening and closing keynote speakers spoke about taking small steps and connecting with your purpose, and knowing that you were born to matter.

There were many current education sessions to choose from over the 5-day conference, allowing attendees to learn about topics that were interesting and relevant to them.

The evening social events were a great way to relax and have fun with colleagues and new friends. We also got to take a break from learning and explore beautiful Quebec City.

There were many attendees from Alberta including 4 ORNAA executive members.... President Bryana Hahn, President Elect Jill Clark, Secretary Heather Lanouette and board member Helen Mackay.

ORNAC also held a virtual conference option from June 2 – 4 which had 67 attendees.



The next ORNAC conference will be in Calgary in May 2025!!





SUCCESSFUL NCORNA AGM

NCORNA held their AGM on May 23, 2023 as a hybrid in-person and zoom event.

There were 4 board positions up for election and were successfully filled.

President – Heather Lanouette
(1 year term)

President elect – Helen Mackay
(1 year term)

Treasurer – Lindsay Giese
(2 year term)

Secretary – Courtney Kerrigan
(2 year term)

Following the AGM reports and elections we held the final draws for our second annual spring wine survivor fundraiser. We had 5 teams of 5 enter this year raising \$610. The winning team, Hakuna Moscato, won 25 bottles of wine (5 per team member)!!!



The evening finished with an education session from 2 RAH Gynecologists, Dr May Sanae and Dr Cathy Flood, titled “Under the (Clitoral) Hood: Sex secrets from your local gynecologists”.

Operating Nurses Association of Alberta

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