



ORNAA SNIPS & SNAPS

Message from ORNAA President



It is my privilege and honor to be writing this message as ORNAA's president. As I begin this journey, I look forward to hearing from all of the Perioperative Nurses in Alberta as we work together towards our goal of delivering safe competent care to all those who enter into our ORs.

2010 was proclaimed by the United Nations as "The Year of the Nurse". This year is the centennial year of modern nursing (1810–1910-2010) celebrating the death of the founder of modern nursing - Florence Nightingale (1820-1910).

The name of Florence Nightingale has been revered and respected — across the world — for more than a century. Even today, her contributions to nursing theory, education, practice, research, statistics, public health, and healthcare reform are foundational and inspirational. She knew the critical importance of self care and renewal. From her own deep and prolonged experience with personal health issues, she advocated for all nurses to be continually renewed to sustain their effective, compassionate and caring practices.

As we pause for the Christmas holiday and come to end of the year, take time to reconnect with family, friends and community. Acknowledge your colleagues for the great work they do every day. As we begin a new year, may we feel renewed, rejuvenated and revitalized, ready to bring commitment, compassion, caring and expert knowledge to our patients.

Best wishes for a happy, safe and prosperous new year.

Barbara Mushayandebvu

ORNAA President



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ORNAA President's Report to AGM 2010

This report is a review of ORNAA business from the last fiscal year July 2009 – June 2010 and also a brief look at the current fiscal year. The ORNAA Board is there to serve the membership and as such member participation is required and welcomed. As always the ORNAA board invites/encourages dialogue/feedback from members at anytime re: ORNAA/ORNAC issues and perioperative nursing issues. While each year the ORNAA board works to fulfill all aspects of the mission statement, certain aspects are highlighted more than others in any given year.

Review of 2009-2010 fiscal year

The board has continued to have two provincial board meetings teleconferenced, has maintained the district funding allotments, and disseminates Snips and Snaps on the ORNAA website.

The board has supported the continued development of perioperative nursing research by posting criteria and funding opportunities on the ORNAA website. The research grant is yet to be used and we encourage everyone to look for research opportunities that will benefit our patients and validate our practices.

ORNAA has been represented at the ORNAC board by the president and president-elect, who have actively participated in the ongoing strategic plan for the future of ORNAC.

Proposed plan for 2010 - 2011

The following are the goals the Board would like to focus on for the upcoming year. *–highlighted in red is how we intend to accomplish the goals*

Disseminating information and updates including nationally established perioperative standards and guidelines,

Maintain and keep ORNAA website current

Publishing and distributing a newsletter

Encourage submission of articles to Snips and Snaps especially research based

Letting the membership know when new Snips and Snaps is available online through their district presidents

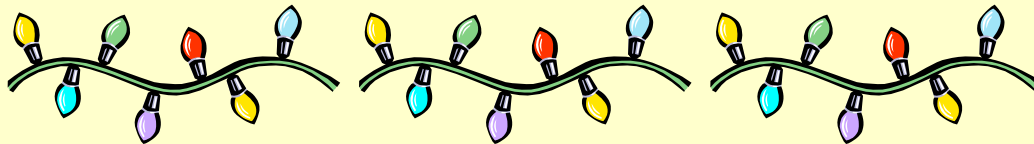
Promoting membership in the association

Continue President's visits to district meetings to encourage member participation and dialogue and transparency in the organisation

Educating and inviting members to attend board meetings as observers to increase interest in participation at the district and provincial board level

Please consider getting involved with the organization and carrying the momentum for future generations of Alberta perioperative nurses. The sustainability of the organization requires us all to mentor and encourage new Perioperative Nurses to be involved. We also need to celebrate and acknowledge each others' accomplishments by nominating colleagues for awards at both provincial and national levels.

Respectively submitted, Barbara Mushayandebvu, ORNAA president



The ORNAA Board is

*Wishing You Good Health and Good Cheer this Holiday Season
and All Through the Year!*

Barb Mushayandebvu
President

Gloria Nemecek
Treasurer

Colleen Marcotte
Secretary

Kelly Kuz
Past President

Kara Utri
Education Director

Lucia Pfeuti
Website Coordinator

Pamela Rooney
Membership Director

Bev Reach, Esther Park, Charlotte Parker
Reps without Portfolio

28th Annual ORNAA Conference – October 20-23, 2010



2010 Conference Continued....



UPCOMING EVENTS

ORNAA Provincial

29th AB Provincial - NORNA hosting - "It's Not Easy Being Green"

Red Deer, AB October 26-29, 2011

ORNAC Conferences

22nd National Regina, SK May 8-13, 2011

23rd National Edmonton, AB May 5-10, 2013

International

58th AORN Philadelphia, PA March 18-24, 2011

59th AORN New Orleans, LA March 24-29, 2012



Annual General Meeting Minutes

1. Call meeting to order at 0856
 2. Introduction of Head Table: ORNAA President - Barbara Mushayandebvu; Past-President- Kelly Kuz; Special guests: ORNAC Rep – Sue Styles; AHS VP - Noreen Linton; CARNA Rep –Dianne Dyer; AEAC President-Brent Mills
 3. Review/Adoption of minutes of last ORNAA AGM Oct 22nd, 2009 by Kara Utri, motion 2nd by Sue Styles. Report submitted.
 4. President's report presented by Barbara Mushayandebvu. Report was accepted as presented.
 5. Treasurer's report presented by Gloria Nemecek. Report adopted as presented. Balance \$16,585.00.
 6. Education director report presented by Kara Utri. Report accepted as presented. Awards presented by Kara Utri. Kara Utri noted that no nominations were received for the Muriel Shewchuk Leadership award. Kara Utri encouraged all present to celebrate our profession and reward those colleges that demonstrate outstanding perioperative nursing. The Bursary award was presented to Elizabeth Chapin from CORNA; for 3 courses toward her Master's degree. The Snips and Snaps writing award for a personal reflection was awarded to Tara Babin of NORNA with her submission of "A Trip Down the Perioperative Trail". The Promising Star Awards were:
 NORNA – Stephanie Malekoff (Colleen Marcotte accepted on Stephanie Malekoff's behalf).
 NCORNA – Rae Lim with honorable mention to Janelle Ursulak
 CORNA – Breanne Kinney with honorable mention to Kelly Tymko
 SCORNA – Lindsey Dubnyk with honorable mention to Tra-Mi Phan
 SORNA – Samantha Innes
 7. Membership report presented by Pamela Rooney. Report accepted as presented.
 8. Webmaster Report presented by Lucia Pfeuti. Report accepted as presented.
 9. AEAC Report .No report; AEAC not present at meeting.
 10. District Reports
 NORNA-Colleen Marcotte. Report accepted as presented.
 NCORNA-Pamela Rooney. Report accepted as presented.
 CORNA-Kara Utri. Report accepted as presented.
 SCORNA-Lucia Pfeuti. Report accepted as presented.
 SORNA-Bev Reach. Report accepted as presented.
 11. New Business/additions to agenda : None
- Adjournment at 0928

Please submit all 'Snips and Snaps' articles electronically to:

education@ornaa.org

**Include your full name,
district and references.**

Next newsletter deadline: February 15th

District Reports

NORNA - Submitted by Colleen Marcotte

Current membership is 41. NORNA hosted an OR Open House in celebration of Perioperative Nurse's week. To date: 2 members have received funding to attend the 2010 ORNAA Conference; 1 member received funding for CPN(C) Recertification; 2 free memberships were awarded to new perioperative nursing graduates; 4 free memberships given away in draws to members attending general meetings. During Perioperative Nurse's Week, NORNA held a raffle which generated \$800. The 2010-2011 goals of NORNA include hosting 4 educational sessions. It has also been encouraged to become a part of the 2011 ORNAA Conference Planning Committee. NORNA is still promoting the sale of cookbooks, featuring favourite recipes from all who work in our department.

NCORNA - Submitted by Pamela Rooney

Current membership is 160, three of which are honorary, plus one associate member. NCORNA has continued to host wonderfully educational dinner meetings including varied topics as: DNR in the OR; Surgical treatment of primary bone cancers; Breast Reconstruction; Learning to lead wherever you are; and RNFA. NCORNA has given out 6 free memberships as part of their membership drive, and 2 free conference draws. The Grey Nuns OR is hosting a Biggest Loser Campaign, where the winner stands to gain at least \$700 minus 25% to their favourite charity.

CORNA - Submitted by Kara Utri

Current membership is 35, and 1 Honorary. CORNA would like to congratulate both Breanne Kinney (winner) and Kelly Tymko (nominee), for being nominated for this year's Promising Star Award. Our September meeting had Christine Farries, RN speak on the Red Deer Bariatric Surgery Program. As part of Perioperative Nurses Week, CORNA provided each site a small monetary amount to assist with OR nurses week activities. Our November meeting was a Suture Workshop that was very educational and fun - we had the opportunity to practice suturing on pigs feet! Two members won reimbursement of 2010 conference registration. We are actively seeking/recruiting a President-Elect for CORNA. We have begun brainstorming/planning for our Spring Workshop in March 2011, which is when our next district meeting will be held. CORNA would like to sincerely thank the hardworking members who made up the 2010 Conference Planning Committee!

SCORNA - Submitted by Lucia Pfeuti

Current membership number for SCORNA is 133 members including 2 honorary members. Our newest executive member, the membership coordinator, has been quite busy working in conjunction with the treasurer to get our current membership list together and members registered. It has already proven to be a worthwhile position. A draw for \$600 towards an educational activity of the members' choice was made earlier this month from all the members that had either signed up or renewed prior to the September 30th deadline. The winner was Alison Maus, a staff nurse from the Peter Loughheed Hospital. SCORNA would like to congratulate both Lindsay Dubnyk (winner) and Tra-Mi Phan (honorable mention/nominee) for being nominated for this year's Promising Star Award (SCORNA district). As part of Perioperative Nurses Week, SCORNA provided each of the hospital sites with current members a small monetary amount to assist with OR nurses week activities. We hope everyone enjoyed the week! Our upcoming general meeting will be held Tuesday, January 25, 2010 at Rockyview General Hospital. Topic and speaker are still being finalized.

SORNA - Submitted by Bev Reach/ Gloria Nemecek

Current membership is 33. The first meeting of the year, in September, had a presentation on Anaesthetic Emergencies by Dr. M. Jogiat. Goals for SORNA are as follows: Membership enrolment and organizational enhancement; Promote provincial and national conference attendance; To send in membership fees to ORNAA treasurer as received. Magda Waldner was the winner of a contest of a conference registration. Two Perioperative Student Awards were presented, and both recipients will receive a membership and monetary award. In celebration of Perioperative Nurse's Week, \$50 will be sent to the south district OR's to help with activities.

What do you call
people who are
afraid of Santa
Claus?

Claustrophobic.



Award Recipients 2009-2010

Writing Awards

\$250 Personal Reflection: "A Trip Down the Perioperative Trail" - Tara Babin, NORNA

Promising Star Awards

NORNA - Stephanie Malekoff
 NCORNA - Rae Lim
 CORNA - Breanne Kinney
 SCORNA - Lindsay Dubnyk
 SORNA - Samantha Innes

Bursaries

Elizabeth Chapin, CORNA

To find out more information on how to apply, or to nominate a colleague go to www.ornaa.org



Nurstoons

by Carl Elbing



www.nurstoon.com

2010 Conference Contest Winners

50/50 Draw - Thursday Evening

Lorraine Weir - Westlock, AB.



NHL Signed Jersey - Saturday Morning

Brooke Thompson - Calgary, AB.



THE OR SLATE

Is there someone you would like to congratulate? A new achievement or milestone in your district or facility?

Something interesting you would like to share with the membership?

Email this information to education@ornaa.org

Interested in writing an original, referenced article, but not sure where to look for resources?? Here are some websites you may find helpful:

www.nurseone.ca

www.nurses.ab.ca

www.carnabookstore.ca

www.ornac.ca



**Congratulations
CORNA
on hosting a very successful
conference!!**

Membership Forms:

District Treasurers, please send your **FULLY COMPLETED** membership forms to :

Pam Rooney

9923 83 Street

Edmonton, AB

T6A 3N3

