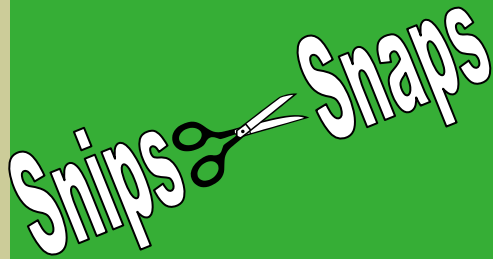


November 2009

Volume 1



ORNAA

OPERATING ROOM NURSES OF ALBERTA ASSOCIATION

NEWSLETTER



Message from ORNAA President

As we embark on a New Year I would like to encourage us all to remember who we are, reflect on the past year, and plan for the future.

Perioperative nurses, have a theoretical knowledge base rooted in researched evidence, and practice with ethical specialized clinical skills. As a profession we need to be proud of who we are and share this with our patients, their families and our colleagues as these people directly benefit from our knowledge and skills.

Articles Posted since last

newsletter:

09OCT Organ Tissue Donation and Transplantation

09OCT Gyne Morcellator for Laparoscopic Surgery

09OCT Margaret's Newfoundland Dream

09OCT Operating Room Attire Through The Years

09OCT Lint and Particulate Impact on

Throughout 2009 ORNAA has supported our members to build their knowledge base. Example of this include; initiating the planning stages of the 2013 Biannual ORNAC Conference to take place in Edmonton, May 2013; supporting a significant number of our members to attend the ORNAC National Conference in St John's NFL; facilitating a successful annual conference in Red Deer October 21st – 24th, 2009; and recognizing and awarding our member's contributions to expanding our specialized knowledge base.

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It is also important to share that the Perioperative Nurse Educators of Canada (PNEC) have officially organized and became an affiliate member of ORNAC. They will be joining the RNFA and CORL groups as affiliates at the ORNAC table. We look forward to the collective knowledge this group brings to the organization.

A New Year gives us cause to think of the future and what we can look forward to. Important dates to remember are the CPN(C) exams scheduled for April 17th, 2009 and the ORNAA executive elections June 15th. We encourage all of our members to consider participating with the organization at a district or provincial level. It will soon be time to plan for time away from work in the new fiscal year.

I encourage members to consider attending conferences and/or workshops to maintain and build competence and knowledge.

Message from ORNAA President continued.....

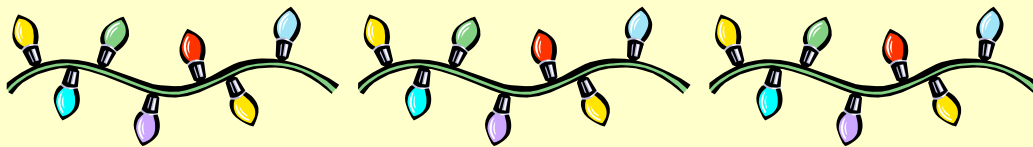
The ORNAC, www.ornac.ca and ORNAA, www.ornaa.org websites contain information on such events. A very important event to mark on your calendar is ORNAA's 28th Annual Conference which will take place October 20th – 23rd at the Capri Centre in Red Deer. A new and exciting program is planned. Another mentionable highlight for 2010 is the collaboration between ORNAA and CARNA acknowledging perioperative Registered Nurses and the emerging expanded role of the Registered Nurse First Assist (RNFA).

*“As a profession
we need to be proud
of who we are”*

We are looking forward to the events and opportunities unfolding in 2010 and I would like to wish each and every one a happy, healthy, and safe New Year.

Kelly M Kuz

ORNAA President



The ORNAA Board is

*Wishing You Good Health and Good Cheer this Holiday Season
and All Through the Year!*

Kelly Kuz
President

Barb Mushayandebvu
President Elect

Gloria Nemecek
Treasurer

Bev Reach
Secretary

Kara Utri
Education Director

Michelle Tolton
Website Coordinator

Pamela Rooney
Membership Director

Sue Styles
Past President

Colleen Marcotte, Bev Wiwchar, Catherine Kelly
Reps without Portfolio

27th Annual ORNAA Conference – October 21 - 24, 2009



Conference Continued....



UPCOMING EVENTS

ORNAA Provincial

28th AB Provincial -CORNA hosting- "TEAM O.R.– Together Everyone Achieves More"

Red Deer, AB October 20-23, 2010

ORNAC Conferences

22nd National Regina, SK May 8-13, 2011

23rd National Edmonton, AB May 5-10, 2013

International

AORN Denver, Colorado March 14-18, 2010



Annual General Meeting Minutes

OPERATING ROOM NURSES OF ALBERTA ASSOCIATION

ANNUAL GENERAL MEETING MINUTES

October 22nd, 2009, Capri Centre, Red Deer, AB

Call meeting to order by President Kelly Kuz at 0901

Kelly made one revision to the agenda – removal of the AEAC report
membership was asked if they had any addition to agenda – none voiced
Kelly asked that the agenda be accepted as circulated

2. Introduction of -ORNAA Board/District Presidents

- AEAC President
- Snips and Snaps Editor
- special guests

3. Review/Adoption of minutes of last ORNAA AGM Oct 23th, 2008 – Bev Reach/Gloria Nemecek/
Carried

4. President's Report Kelly Kuz

The report was presented by Kelly Kuz – report included
Attending Membership asked the ORNAA goals be circulated rather than reviewed.

5. Treasurer's Report Gloria Nemecek

The report was presented by Gloria Nemecek – report included. Copy of the year
end report on the ORNAA business was made available for members

6. Education Director Report and Awards Kara Utri

Report presented and submitted by Kara Utri
Snips and Snaps writing award winners:
\$500 Overall for a referenced article presented to Bev Reach for her referenced article
on Breast Cancer and Sentinel Lymph Node Biopsy
\$250 - Bev Reach and Gloria Nemecek for their co-authored referenced article on Third
Party Reprocessing – A Collaborative Initiative
Personal reflection \$250 presented to Colleen Marcotte for her personal reflection The
Reasons Why
Bursary presented to Sue Styles - NORNA
Barb Mushayandebvu - SCORNA

7. Webmaster Report Michelle Tolton

The report was presented by Michelle Tolton – report included

8. AEAC Report - No report

8. District Reports

8.1 NORNA - report submitted Michelle Tolton
8.2 NCORNA – report submitted Pamela Rooney
8.3 CORNA - report submitted Kara Utri

8.4 SCORNA - report submitted Catherine Kelly Presented by Barb Mushayandebvu
8.5 SORNA – report submitted Bev Reach

9. New Business

9.1 Snips and Snaps - show of hands for format preference

Electronic – majority of hands
Print – small number
Both – small number

Suggestion from the membership re a vast email to the membership that
the S&S new addition is on the website, as they feel many of the member-
ship aren't aware that there is an electronic copy

Addition of a subscribed option – Webmaster will discuss this with Horizon
to see if this option can be implemented

Saskatchewan has been using this option and they may be a great re-
source for this implementation

District reps to print newsletter and leave at our OR's for review – Kelly
emphasized that this has been discussed and encourage at the table and
she also suggested that we all take this initiative and we are all responsi-
ble for the dissemination of information.

10. Adjournment – Meeting adjourned at 0938

Respectfully submitted by,

Bev Reach

ORNAA Secretary

Please submit all 'Snips and Snaps' articles electronically to:

education@ornaa.org

**Include your full name,
district and, if applicable,
the references.**

Next newsletter deadline February 15th

District Reports

NCORNA - Pamela Rooney

North Central has to date, 217 members, three of which are honorary.

We have experienced incredible education sessions, including:

Preceptorship, by Dr Florence Myrick

HPV, Prevalence, Prognosis, and Prevention, by Dr Helen Steed

Natural Orifice Transluminal Endoscopic Surgery, by Dr. Sean Vandermerwe

And, HIPEC (Hyperthermic Intraoperative Intraperitoneal Chemotherapy), The Future of Colon

Cancer in Alberta and Western Canada, by Dr. Erika Haase. This was the best attended lecture with 98 people attending. All of us are looking forward to listening to Dr. Mark Ewanchuk in November talk about "DNR in the OR"

We drew for free memberships for 6 members and one for the ORNAA 2009 Conference.

Our immunization wave has started across the North district, even offering the Seasonal Flu vaccine in Shopping Malls.

As we are all aware, we have had an Alberta wide hiring freeze, and North Central is no different. Unfortunately, we know of a couple of 495 students that have had become casuals, and one of our great Filipino nurses at the Nuns found a permanent job in BC, or she would have had to go home to London, England with her family in January.

All hospitals are cutting back drastically, watching every dollar spent. The Mazankowski Heart Institute is still not open, and the Royal Alex is hoping to move to the New Lois Hole Centre next year. We do have two 495 student's in the OR at the Nun's, and we have decided to keep them!

ON A LIGHTER NOTE: Kudos to all of us who have said to our surgeons, "I'm not opening it just yet, in case you don't use it", AND, "Well I'm off for one of many tea/coffee/lunch/dinner breaks". One more thing, the other day I heard a rumour that all the Ozzie nurses moved back home to Australia, because "You know who" moved here!"

Lastly, as for the "nursing shortage", recently it has been mandated by the United Nurses of Alberta - we must all grow taller!

Keep taking those vitamins, and flu vaccines!

NORNA - Michelle Tolton

Greetings from the north, as we enjoy the fall season.

Our membership includes almost 50 members from McLennan, Peace River, Seba Beach, Fort McMurray and Grande Prairie.

Our first education session of this year was held October 1st, as Kelly Kuz, our guest speaker spoke about "Safer Surgery Saves Lives", based on the WHO Surgical Safety Checklist.

In November we celebrate Perioperative Nursing week by providing lunch for our staff on Thursday, November 12th, and for our rural sites, we will refund their expenses up to \$50 towards chocolates or lunch, when they send in their receipts. We will also sell squares for our fundraiser which netted us almost \$700.00 last year. Prizes are donated from staff and physicians, and we all enjoy the "draw", which has become an annual event! Thanks to Debbie Magusin for organizing.

Dec 1st we plan to host our "Orthopedic Workshop", presented by Stryker.

This will involve a session to be held after work, on educating us on the different treatments for hip fractures, and hands on experience with saw bones and orthopaedic instrumentation.

The February and May education session topics will be announced later.

This year we published a cookbook which contains all of our favourite recipes, and featuring several of our famous potluck recipes. The books seem to be selling well so far, as many people are planning on giving them to relatives for Christmas.

Two of our members from Grande Prairie enjoyed attending the 27th Annual Conference in Red Deer, hosted by SORNA.

On behalf of NORNA, I would like to congratulate SORNA for organizing a very successful conference with such interesting speakers.

CORNA - Kara Utri

Current membership: 29 members; 1 Honorary

Education Sessions for our members over the past year included:

September 2008: Acupuncture and Chinese Medicine

November 2008: Care of the Unconscious Pediatric Patient

March 2009: Patient Simulator education sessions

May 2009: Tension-Free Vaginal Tape (TVT) Procedures vs. Transobturator (TOT) Sling Procedures

CORNA provided funding for 2 members to attend the ORNAC National

Conference in Newfoundland in June 2009. At our November district meeting, we will have a draw for 2 members to be reimbursed registration for attending the 2009 ORNAA Provincial Conference. We also continue to provide funding for certification/recertification.

CORNA is hosting the 2010 ORNAA Provincial Conference. We held a contest for theme ideas, and the winner received a free one-year membership to CORNA and \$150 worth of educational funding.

*Choose a job you love,
and you will never have to work a
day in your life.*

-Confucius

District Reports cont'd

SCORNA - Catherine Kelly

Current membership to date is 131. We have 1 honorary member. Membership drive was again undertaken at our annual dinner meeting in June.

Education sessions for our members over the past year included:

September 2008 – Listen to the Whispers – What you Need to Know About Ovarian Cancer

January 2009 – Staff Abuse

March 2009 – Patient Simulation in the OR – Is There a Future?

April 2009 – Spring Workshop

Energy Based Stress Relaxation Techniques

How Money Works in an Unsure Economy

Writing Lives – Serious Stories

May 2009 – Airway Papillomas

We will be planning an educational and fun Spring Workshop for our members again this year in May 2010.

Approximately 20 SCORNA district members attended the ORNAC National Conference in Newfoundland in June, 2009.

A laptop was recently purchased for the SCORNA Treasurer, and plans are underway to provide SCORNA members with an electronic membership card and receipt. Further plans include communication of meeting agenda's and minutes to all SCORNA members electronically.

We will also be updating our district binders and focusing on nomination of our talented members for the awards available through ORNAA.

SCORNA will be providing funding support for members to attend the 2009 ORNAA Provincial Conference as well as funding for certification/recertification.

SORNA - Gloria Nemecek / Bev Reach

Current membership is 45.

District activity has included setting the budget for this fiscal year as well as finalizing guidelines for perioperative student awards. Candidates must be nominated by an active ORNAA member and submitted prior to September district meeting. Candidates must have graduated within the previous fiscal year from an ORNAC approved Alberta perioperative Program. The successful candidate(s) will be awarded \$300/candidate and a SORNA membership. Two awards were given this year.

Members are always encouraged to attend ORNAA Executive meetings as observers.

SORNA will have two draws for membership for this fiscal year and reimburse the winners.

SORNA donated \$200 to the 2009 Conference Committee to be used for doorprizes for delegates.

SORNA continues to support certification/recertification reimbursement for all qualifying members.

Award Recipients

2008/2009 Membership Year

WRITING AWARDS

\$500 - Overall Original, Referenced Article

- ◆ **Bev Reach (SORNA)**

\$250 - Original, Referenced Article

- ◆ **Gloria Nemecek and Bev Reach (SORNA)**

\$250 - Personal Reflection, Poem

- ◆ **Colleen Marcotte (NORNA)**

BURSARIES

- ◆ **Barbara Mushayandebvu (SCORNA)**

- ◆ **Sue Styles (NORNA)**



**TO FIND OUT MORE INFORMATION
ON HOW YOU CAN APPLY FOR
OR NOMINATE A COLLEAGUE,**

GO TO

www.ornaa.org



THE OR SLATE

Is there someone you would like to congratulate? A new achievement or milestone in your district or facility? Something interesting you would like to share with the membership?

Email this information to education@ornaa.org



***A huge thank you to SORNA
for hosting the
27th Annual ORNAA Conference!
A job well done!***

Membership Forms:

District Treasurers, please send your membership forms to :

Pam Rooney
9923 83 Street
Edmonton, AB
T6A 3N3

