

Message from ORNAA President



*If we had no winter, the spring would not be so pleasant;
if we did not sometimes taste of adversity,
prosperity would not be so welcome.*

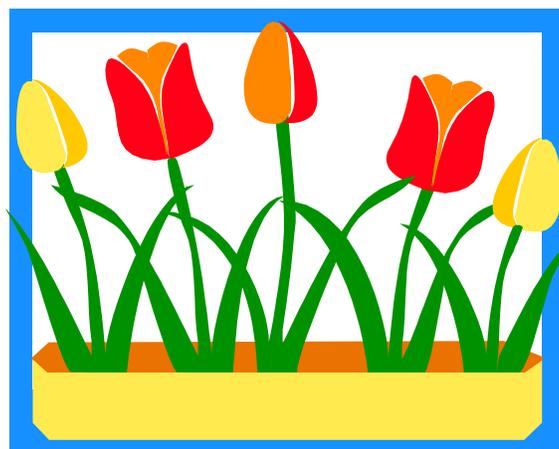
~Anne Bradstreet

Spring, the season of new beginnings. It evokes thoughts of renewal and hope for a better future. Here in Alberta this includes hope for warmer weather!! Welcome spring and the changes it brings. I love spring.

In our Perioperative world, every two years, spring means we have the ORNAC National conference to look forward to. This year we meet in Regina and have an opportunity to fulfill some of the requirements of our professional continuing competency. This year's theme, Elevating the Field of Perioperative Nursing, will hopefully inspire us all to do just that. In this difficult economic climate, not all of us will be able to attend, but we can still elevate our practice. By reading peer reviewed journals and articles, preceptoring new learners, learning to scrub/circulate for a new procedure, stepping out of our comfort zone and advocating fiercely for our patients.

I look forward to seeing many of you at the National ORNAC conference.

Barbara Mushayandebvu
ORNAA President



Inside this issue:

Promising Stars 2010	2 - 3
Writing Submissions	4
OR Slate / Upcoming Events	5

Promising Star Award Recipients 2010 (Award Certificate, Promising Star Pin, and paid one year District membership)

Stephanie Malekoff - NORNA

Stephanie joined us as a Registered nurse attending and successfully completing our perioperative program. She is professional and caring in her approach to patient care. She is organized and demonstrates excellent surgical technique. In the 23 months that she has worked in all our surgical services as an outstanding scrub nurse and efficient circulating nurse. Stephanie maintains the basic principles of perioperative nursing while attending to the needs of the patient.

Stephanie readily identifies any knowledge deficit she might have and does not hesitate to ask questions or research answers. She has functioned effectively "on call" and in emergency situations.

Stephanie always has a smile and encouragement for everyone and is always ready to help in any situation. Stephanie is a joy to work with and is enthusiastic to be part of the perioperative team and to take part in its organizations.

Rae Lim - NCORNA

Rae entered perioperative nursing as a 495 student, then as a grad nurse attending and successfully completing the Grant McEwan perioperative program.

Rae is professional in her approach to patient care. She is well organized, demonstrates excellent surgical technique and a surgical conscience. In sixteen months she has worked in all our surgical services willingly. Rae understands the basic principles of perioperative nursing and applies them to every task. She is efficient in the scrub role, attentive to the procedure and anticipating the appropriate next need. She is gaining confidence in circulating, and is now included in the 3-11 shift with confidence. She is very receptive to instruction and incorporates constructive remarks into her practice. Her attention to detail ensures safe patient care; if she identifies a knowledge deficit she does not hesitate nor is she embarrassed to ask questions. Rae can provide sound nursing rationale for her actions. She rises to meet emergency situations with sound critical thinking, as evidenced by a recent vascular emergency.

Rae comes to work with a smile. She has a gentle sense of humor, that is non judgmental and kind. Over the entire period of time Rae has worked with our team she has not missed a single assigned shift this demonstrates that she recognizes the value of her role and respects her colleagues.

Breanne Kinney - CORNA

After graduating nursing from McMaster University in 2006, Breanne worked in a Pediatric Intensive Care Unit in Ontario. She successfully completed the AHS perioperative program in March 2010 and has been working full time in the Red Deer operating room since.

Breanne excels at working both independently and closely within a team atmosphere, such as the OR. She has worked in various services including plastic surgery, general surgery, and ortho trauma, already making her a versatile and adaptable staff member. She recognizes when she lacks knowledge and experience, and utilizes senior staff appropriately to seek new learning opportunities and further her knowledge when it comes to basic skills and/or surgical procedures.

Breanne consistently maintains the basic principles of perioperative nursing and adheres to ORNAC Standards while attending to the needs of the patient. In caring for patients, she has a calm and caring disposition. She also has an upbeat and encouraging manner with all her co-workers, which makes it a joy to work with her. Breanne has proven to be a strong asset as an excellent circulating nurse and an extremely competent scrub nurse. She has demonstrated the ability to perform well in "on-call" and emergency situations. Breanne is a hard worker and is very reliable. She consistently comes to work with a positive attitude and unwavering enthusiasm for perioperative nursing. It is a privilege to have Breanne as a co-worker and to watch her evolve and thrive as an outstanding perioperative nurse.

Honorable Mentions/Nominees:



Janelle Ursulak – NCORNA

Kelly Tymko – CORNA

Tra-Mi Phan – SCORNA

**CONGRATULATIONS
to all nominees and
winners!!**

Promising Star Award Recipients 2010 continued **(Award Certificate, Promising Star Pin, and paid one year District membership)**

Lindsay Dubnyk - SCORNA

Samantha Innes - SORNA

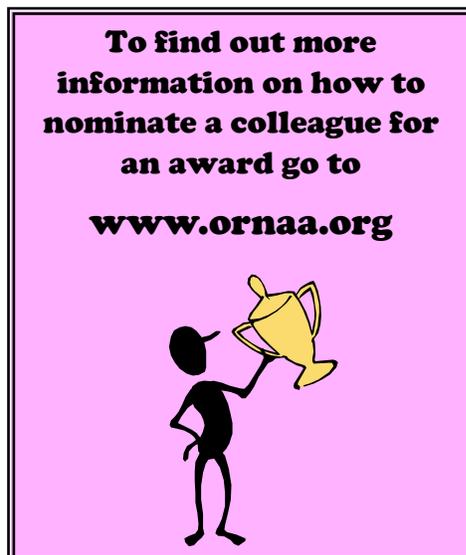
After completing her nursing degree, Lindsay successfully completed the AHS perioperative program at the Peter Lougheed Hospital. Lindsay is a quick learner, working well independently and within different teams. She has a strong work ethic, an excellent surgical conscience, and works with care and integrity. She has become a valuable member of our operating room, and is a role model for her newer co-workers.

Since, finishing the perioperative course, she has taken on the challenges of being in charge during the day (working here when she had a injury and could not work full scope in the rooms), and at night. In emergency situations, Lindsay remains collected and receptive to instructions, such as doing chest compressions during a vascular case on nights as directed by the surgeon. She always takes the time to follow up and correct important things not completed by others such as finding a missing specimen another coworker discarded inappropriately. Regardless of the situation, Lindsay consistently adheres to the ORNAC standards and creates a positive and respectful environment. Lindsay will definitely rise up to be a great OR nurse and it is my privilege to work with her.

Upon completion of her Bachelor's Degree in Nursing in 2008, Samantha began her nursing career by working on one of the Surgical Units at the Chinook Regional Hospital. To pursue another avenue of surgical nursing she enrolled into the Perioperative Nursing Program at Lethbridge Community College in January 2009, successfully completing the requirements in December 2009.

Where do I begin to share with you the many qualities and attributes this amazing young woman brings to our Operating Room every day? Her caring and compassionate approach demonstrates to her surgical patients' that all their needs will be met with the highest degree of professionalism and expertise. Her preparation for all surgical procedure is very apparent in her day to day operations in all surgical specialties. I often witness her staying late to obtain the necessary resource information to prepare her for her day. She identifies her learning needs and utilizes the knowledge and expertise of the senior staff to help strengthen her skills and confidence. Samantha demonstrates a very strong work ethic by always showing up to work with a smile and a zest for the day. Her collaborative and respectful presence with all team members demonstrates a quality to be recognized and acknowledged. Her ability to anticipate and cope with sudden surgical situations at such an early stage of her perioperative career demonstrates to all disciplines her amazing surgical strength and integrity. Her strong surgical foundation is apparent in her day to day operations in the surgical environment, demonstrating meticulous scrubbing and circulating competence.

I have had the opportunity to work very close with Samantha and have witnessed a growth which I consider to be commendable. Her presence brings new enthusiasm and vitality to our OR, and with her continued dedication she will be an outstanding advocate for all surgical patients. I am both proud and honored to be working alongside such a talented young nurse, knowing that when my time as a perioperative nurse comes to a close, I will be leaving behind someone not only capable to take hold of the perioperative legacy, but someone with the same compassion and dedication for perioperative nursing.



Snips & Snaps Articles - Posted Online

10NOV - NCORNA - Advanced Cardiac Life Support - Darlene Kulhawy

10NOV - SCORNA - Performing Under Pressure; A poignant message for life in the OR but relevant to all of life's Challenges - Deb Ferguson

10DEC - NCORNA - Infertility: A Review of Calgary's Fertility Program - Patricia Chrystian

10DEC - SCORNA - The Importance of Vacations - Jennifer Janostin

11JAN - SCORNA - Dealing with Preoperative Anxiety - Sophie Timmerman



\$250 Personal Reflection
Writing Award Recipient 2010
Tara Babin - NORNA



- **Share your inspirations, stories, and poems with other ORNAA members. Submit an article to 'Snips and Snaps' and you may qualify for a writing award!! Submit all articles electronically to education@ornaa.org Next newsletter deadline is May 15, 2011.**
- ***Reminder:* Please submit nominees for the **Muriel Shewchuk Leadership Award** and the **Promising Star Awards** (Deadline: October 1, 2011) Let's celebrate and honour those hardworking colleagues around us!**
- **Look at the online events section at www.ornaa.org for district meeting information.**



THE OR SLATE

Is there someone you would like to congratulate? A new achievement or milestone in your district or facility? Something interesting you would like to share with the membership?

Email this information to education@ornaa.org

**** IMPORTANT NOTICE ****

The 2011 ORNAA Provincial Conference has been relocated to the Mayfield Inn in Edmonton

October 26 - 29, 2011

HOPE TO SEE YOU ALL THERE!!

Membership Forms:

District Treasurers, please send your membership forms to

Pam Rooney

9923 83 Street

Edmonton, AB

T6A 3N3



Happy Spring!

From the ORNAA Executive

UPCOMING EVENTS

ORNAA Provincial

29th AB Provincial - NORNA Hosting - It's Not Easy Being Green

Edmonton, AB.

October 26-29, 2011

Colleen Marcotte, Conference Chair, colleen.marcotte@pchr.ca

ORNAC Conferences

22nd National Regina, SK May 8-13, 2011

23rd National Edmonton, AB May 5-10, 2013

International

58th AORN Philadelphia, PA March 18-24, 2011

59th AORN New Orleans, LA March 24-29, 2012

Look at the ORNAC website for additional conferences

