



### Message from ORNAA President

It is my sincere pleasure to be sending this message to all ORNAA members and visitors to our website.

I have just had the opportunity to attend two significant meetings; the ORNAA board meetings and conference in Red Deer October 22 – 25 and the ORNAC board meetings November 8<sup>th</sup> and 9<sup>th</sup> in Toronto. It is always stimulating to see perioperative Registered Nurses at these meetings and to listen to the stories about their work; the work done to provide the very best outcome for a surgical patient. I wonder, though, if these nurses realize just how special the work they do is and if they recognize the impact they have on others.

Have you ever heard the saying “*For every action there is a reaction*”?

When you smiled at the worried and frightened mother, and touched her arm, telling her you would take care of her critically ill son as she accompanied him to the doors of the OR – did you know she exhaled and relaxed? She was able to return to her waiting family and give them the support they needed to get through the next few hours.

When you are masked and scrubbed, and gowned and gloved, and opened your sterile instrument pan and noticed a small tear on the wrist of your glove – you change your gloves and requested new instruments and supplies that may have been potentially contaminated - did you know you prevented a surgical site infection? Nursing practice is based on knowledge from scientific evidence.

Did you know the son was transferred to the unit and reunited with his family, when the successful surgical procedure was completed?

When the son was well on his way to recovery, two weeks later and almost ready for discharge – did you know he contracted a hospital acquired infection? Tragically his family was never able to take him

#### Articles Posted since last newsletter:

- Oct08—Third Party Reprocessing (Referenced Article)
- Oct08—The Reasons Why (Poem)
- Nov08—Breast Cancer and Sentinel Lymph Node Biopsy (Referenced Article)
- Nov08—Time for Closure (Personal Reflection)

Posted with permission from the Canadian Nurse Oct02- Managing Legal Risks in Preceptorship

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*Message for ORNAA President continued.....*

home. Did you know that 1.4 million people worldwide suffer from hospital acquired infections annually and did you know that 8,000 to 12, 000 thousand of those are Canadian? Unfortunately many people die from complications from hospital acquired infections. At least 50% of these infections could have been prevented.

Did you know that a family told me the above story? I was privileged to have had the opportunity to see the work of perioperative Registered Nurses through the eyes of a patient's family.

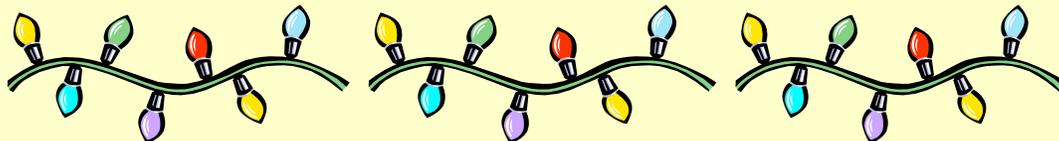
Perioperative Registered Nurses - be proud and remember how special you are. You are the golden stars of asepsis. Your practice prevents infections and leads to positive postoperative patient outcomes. Truly "*For every action there is a reaction*"?

I would like to take this time to wish everyone a very Merry Holiday Season and best wishes for the New Year.

Kelly Kuz

ORNAA President

*"Perioperative  
Registered  
Nurses  
be proud and  
remember how  
special you are"*



The ORNAA Board is

*Wishing You Good Health and Good Cheer this Holiday Season and All Through the Year.*

Kelly Kuz <i>President</i>	Barb Mushayandebvu <i>President Elect</i>	Gloria Nemecek <i>Treasurer</i>	Catherine Kelly <i>Secretary</i>
Sue Styles <i>Past President</i>	Tammy Dodge <i>Education Director</i>	Michelle Tolton <i>Website Coordinator</i>	Pamela Rooney <i>Membership Coordinator</i>
Bev Reach, Bev Wichar, Kara Utri <i>Reps without Portfolio</i>			

## 26th ORNAA Conference—Oct 22–25



Conference Photos



## **Muriel Shewchuk Excellence in Leadership Award Recipient Sue Barnes RN, BSN, CPN(c)**

Sue Barnes works in Calgary as a Clinical Nurse Educator and as a Coordinator for the Post Graduate OR Program. Here are a few quotes from the 3 colleagues who nominated Sue.

“She has been instrumental in assisting all staff members with their learning and development. This was evident when she took on the role of invigilator for not one but two of our support staff that were taking the surgical processor course through BCIT. Her love for the OR is demonstrated daily in her interactions with students and multidisciplinary staff.”

“Her leadership as program coordinator and Clinical Nurse educator in the Calgary Health Region OR’s is inspiring. Sue is the OR nurse that I want to have when I have surgery done; knowledgeable, caring, compassionate and kind.”

“Sue has been instrumental in bringing the Calgary Health Region Post Graduate course in Operating Room Nursing to its status as recognized by ORNAC.”

“Under Sue’s diligent leadership the post grad course, which runs three times a year, reflects updated curriculum, changes in regional policies and current ORNAC standards.”

“Sue is a patient advocate and cheerleader for the operating room nursing. She is kind, caring, compassionate and inspiring to all those she comes in contact with. I am honoured to call Sue both a friend and professional colleague.”

“I have grown to understand that Sue will never assume that something is fact unless there is solid research to back up the theory and practice.”

“As the Clinical Nurse Educator she provided a safe and accepting environment for staff to vent or debrief with the added bonus of chocolate and “Kleenex” when the occasions arose. The office door is always open and everyone was greeted with a smile and a welcome.”



***Please submit all snips and snaps articles electronically to:***

**education@ornaa.org**

**Include your full name,  
district and, if applicable,  
the references.**

Next newsletter deadline Feb 28

## ***District Reports***

### **NORNA - Michelle Tolton**

To date NORNA has 45 members, which includes 11 members from the Northwest Territories.

The 2008-2009 core goals established by NORNA include hosting an O.R. open house during perioperative nurse week in November. Also, NORNA encourages members to participate in perioperative nursing research by providing \$1000 to a member who submits a successful research proposal for the 2008-2009 fiscal year. NORNA encourages OR leaders to obtain membership in CORL and perioperative educators to be involved in the national OR educator's group.

During the 2007-2008 fiscal year our members had the opportunity to attend 4 education sessions which included: in September, a session on the CNA's 20/20 Vision, presented by our local CARNA representative Kathleen Waterhouse; in November a session on Body Piercings and Surgical Complications, presented by Margaret Farley which also included a dinner meeting; in February, a session on Bariatric Surgery, presented by our anaesthesiologist Dr. Marilise Erasmus; in May a session on the topic of Sexual Violence Against Women in Conflict Zones, Cecilia Mzvondiwa.

During Perioperative Nurse's week, our annual fundraiser generated \$600.00

OR Nurses Week is always busy and entertaining for our members. Everyone looks forward to the fundraiser organized by Debbie Magusin, who dressed up as Charlie Chaplin with assistant also in costume dressed as a "flapper" from the 1920's era, held draws from the sale of squares which netted \$600.00 Lunch was sponsored by NORNA and chocolates were sent to the rural OR sites to reinforce our connectedness.

We would like to thank the members of our healthcare team, management and administration from our district for the continued support of our group

### **NCORNA - Pam Rooney**

The NCORNA membership includes 231 members to date, with 4 being honorary, including memberships from Adrossan, Morninville, Cherry Grove, Vermillion, Sherwood Park, Camrose, Barrhead, St. Albert, Spruce Grove, Fort Saskatchewan, Leduc, Westlock, New Sarepta, Lloydminster, Beaumont, Onoway, and Lamont.

We welcomed our new Executive of 2008 – 2009:

Past President, Heather Johnson,

President, Pamela Rooney,

President Elect, Bev Wiwchar,

Secretary, Pam Potter,

Treasurer, Janice MacDonald

Education Director, Patricia Chrystian

We also welcomed our new Hospital Representatives:

Misericordia – Munira Visram

Grey Nuns – Chris Axtell

Westlock – Colleen Stamper (our wonderful past Treasurer)

RAH Main – Sheila Jensen (very capable past secretary)

UAH – Cindy Grainger

Sturgeon – Kate Bouska

RAH Womens – Heather Johnson (expert past president and excellent resource)

We had very interesting Dinner meetings last year and this year to come:

Oct 08 - Balancing Your Lifestyle For Optimum Health

Nov 08 - Challenges of Nursing in Africa

Feb 08 - The Politics of Breast Cancer

April 08 - Robotic Arm Surgery

May 08 – Cosmetic Surgery in your Family GP's Office

Sept 08 Pediatric Cancer Patient Care

Nov 08 – How will we be prepared? – A Topic In Disaster Medicine

Congratulations to: MaryLou Fitzgerald, and Gailene Kastelic as their names were picked to have their registration to the Conference paid for from NCORNA.

Also congratulations to the six recipients of free memberships to NCORNA.

Guidelines for Hosting Dinner meetings were mailed out to the hospital reps.

### **CORNA - Tammy Dodge**

To date the CORNA membership is 32

2007/08 education sessions included:

Sep 07—DTHR Surgical Services Leader, Penny Richey and CNE, Liz Chapin

May 08 workshop—Dr. Farries, Gastric bypass surgery and Dr. Comeau, In office laser and cosmetic procedures

Jun 08—DTHR CEO and discussion on the new super board.

DTHR sponsored nurses to attend the 2007 ORNAA conference.

This year we will host our first meeting in Olds so we can encourage members, who reside South of Red Deer, to attend our meetings. We plan to have our spring workshop in March.

### **SCORNA - Catherine Kelly**

Current membership to date is 138. We have 4 honorary members. Membership drive was undertaken in June at the annual dinner meeting. Members who brought a new member to the meeting were entered in a draw for a spa gift certificate.

Education sessions for our members over the past year included:

September 2007: Lifeline Malawi: A Canadian Nurses Perspective

January 2008: Africa: Third World Medicine

March 2008: Unhappy Patients

June 2008: Ethics of Care During a Pandemic Crisis: Caring for Ourselves and Those we Serve

We are looking forward to an educational and fun Spring Workshop for our members to be held in April 2009.

Our district conference committee has been working tirelessly to plan and organize the 2008 ORNAA provincial conference. The program is filled with thought provoking topics examining the innovative care Alberta perioperative nurses are providing for our patients. We thank them for all their hard work.

We will be providing funding support for members to attend the 2008



# Annual General Meeting Minutes

## OPERATING ROOM NURSES OF ALBERTA ASSOCIATION

### ANNUAL GENERAL MEETING

October 23<sup>rd</sup>, 2008, Capri Centre, Red Deer, AB

1. Call meeting to order.

The 31<sup>st</sup> ORNAA Annual General Meeting (AGM) was called to order by President Kelly Kuz @ 0815.

2. Introduction:

-ORNAA Board/District Presidents. -AEAC President – Brent Christensen -Snips & Snaps Editor – Tammy Dodge

3. Review/Adoption of minutes of last ORNAA AGM October 25, 2007

The minutes of the 30<sup>th</sup> ORNAA AGM were highlighted by ORNAA secretary Catherine Kelly. Copies of the minutes from the 30<sup>th</sup> AGM were made available for members. Catherine Kelly moved to adopt the minutes as presented/circulated.

4. AEAC Report

AEAC President – Brent Christensen.

Brent introduced the rest of the committee:

- Vice-President – Noreen Lang - Treasurer – Brett Mills  
- Secretary – Danny Johnson - Member at Large – Ron Quarrie

Brent noted that at the end of the conference new vice president will be voted in and Noreen will become President and will be working with the 2009 ORNAA conference committee.

5. President's Report presented by Kelly Kuz. (report included)

6. Treasurer's Report presented by Gloria Nemecek (report included). Copy of the year end report on ORNAA business was made available for members.

7. Education Director Report and Awards presented by Tammy Dodge (report included).

Website and online newsletter are new ways of communicating with members. We are going to be creating an email distribution list for communicating with members. May receive some test emails as this process is refined. There will be no third party distribution of email information. Education director role has been divided. New role of membership coordinator created for processing memberships.

Awards:

The Snips & Snaps Writing Award winners of the \$250.00 for a Personal Reflection or Poem are:

- Marina Hutchinson – SCORNA - Anne Mayer – SCORNA - Daisy Vicente – SCORNA  
- Jeanette Holt – SCORNA - Marilyn Starling – NCORNA - Heather Lifeso – SCORNA

Award for \$500.00 for an Original Referenced article: - Deb Ferguson – SCORNA

Bursary: - Maureen McDonald – SCORNA - Barb Mushayandebvu – SCORNA - Liz Chapin – RNFA course

Promising Star Award: - Larissa Hunka – NCORNA - Esther Park – SCORNA

Muriel Shewchuk Excellence in Leadership Award: Sue Barnes – SCORNA

8. Webmaster Report presented by Colleen Marcotte on behalf of Michelle Tolton (report included)

9. District Reports:

9.1 NORNA Michelle Tolton (Colleen Marcotte) – report submitted  
9.2 NCORNA Pamela Rooney – report submitted  
9.3 CORNA Tammy Dodge – report submitted  
9.4 SCORNA Catherine Kelly – report submitted  
9.5 SORNA Lauri Basso – report submitted

10. New Business:

10.1 Bylaw ratification vote:

Ten years since bylaws revised. Thank you to Bev Reach and Gloria Nemecek for all their hard work on this.

Motion: I move that we accept the 2008 ORNAA Bylaw revision document. Sue Styles/Colleen Marcotte (NORNA proxy) Carried

10.2 Call for volunteers for 2013 ORNAC conference

Kelly urged members to volunteer to be a part of the 2013 conference as it is a very exciting opportunity.

11. Adjournment:

The meeting was adjourned @ 0911 by President Kelly Kuz.

Report recorded and respectfully submitted by:

Catherine Kelly

ORNAA Secretary



## THE OR SLATE

Is there someone you would like to congratulate? A new achievement or milestone in your district or facility? Something interesting you would like to share with the membership?

Email this information to [education@ornaa.org](mailto:education@ornaa.org)

- Congratulations to all the 2007/08 award and bursary winners.
- In the next Snips and Snaps there will be a write up about the Promising Star winners.
- ORNAA is working on developing an email distribution list. Please be patient as you occasionally receive test emails. No response is necessary unless indicated in the email.
- Email distribution list will be a means to provide members links or notice of posted newsletters, articles, etc.

### Membership Forms:

District Treasurers, please send your membership forms to :

Pam Rooney  
9923 83 Street  
Edmonton, AB  
T6A 3N3



## Challenge to all members and all Districts

In the last few years since I have been involved with ORNAA, the SCORNA members have provided us with most of our articles for Snips and Snaps. First of all let me say thank you and commend your members for taking the time to write and share so many articles. Please keep up this wonderful work and continue to inspire us, inform us and share with us.

I think it's time for the other districts to show us what they are made of. I challenge all districts to do a little extra this year. This year I would like to see at least one referenced article posted from every district. If your district is really adventurous, maybe you want to challenge SCORNA and try to submit more articles?? Good luck to everyone!!